



## SUMMARY OF THE GW Japanese Facial Rejuvenation Training Course



### GW Japanese Facial Rejuvenation

The Gorgeous Woman Japanese Facial Rejuvenation treatment is a comprehensive training course designed for both beginners and experienced practitioners, including massage therapists, reflexologists, and natural therapists. The course is available via GW Video Learning or as an exclusive two-day In-Person training program.

The techniques taught range from simple to moderate complexity, with a few advanced methods included. The GW Japanese Facial employs long-established techniques from Japanese face massage, facial sculpting, and face lifting. Additionally, Japanese Facial Acupressure points are incorporated along with Facial Reflexology Techniques.

The human face comprises 42 individual muscles, and the GW Japanese Facial targets all major muscle groups. This treatment effectively releases and relaxes tight, tense, and inflamed muscles, reducing facial tension and resulting in more defined, sculpted facial muscles with increased range of motion.

Individuals suffering from sinus congestion, allergies, headaches, and hay fever will experience significant relief through this facial treatment. It also reduces puffiness and bags under the eyes, along with improvements in crow's feet, fine lines, and wrinkles.

Specific techniques address jaw pain, tension, and discomfort related to the masseter muscles, which are the strongest muscles in the body. By alleviating pain and inflammation in these muscles, the jaw, jowls, and lower face are reshaped and sculpted, leading to a slimmer and more toned appearance.

Moreover, the GW Japanese Facial releases deep-seated stress and tension from the body, promoting relaxation and re-energizing the entire system.

The premium GW Facial Skincare range, formulated for sensitive skin with plant-based, all-natural ingredients, is utilised during the facial, enhancing the overall results and ensuring beautiful outcomes.

Certification for In-Person Training is optional and requires two additional steps: completing a short self-exam with provided questions and answers, and performing 12 treatments on friends or clients. For GW Video Learning, there is an additional cost. This includes the first two steps mentioned above, as well as a one-hour Zoom fine-tuning session with a GW Master Trainer.

